

# What is the **HOPE** study?



**HOPE** is a clinical trial testing two different approaches to help people reduce or manage their pain.

If you regularly experience pain, **HOPE** might be a good fit for you. You do not have to be on pain medication to be in this study.

The study includes two phases, and participants will be in the study for 8-10 months. All study activities will happen during dialysis, over the phone, or over video chat sessions during a time that works best for your schedule.

You can use a tablet or a smart phone to attend video sessions with the research team. If you do not have a tablet or a smart phone, the study will provide one for you to use. You do not need any experience using a tablet or video chat. We are more than happy to teach you!

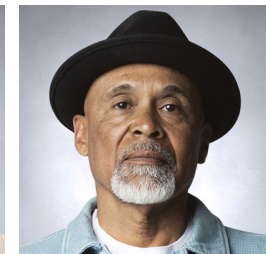
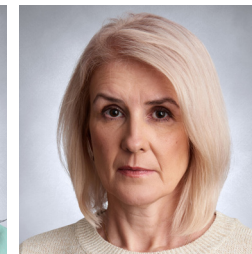
## **HOPE**

HEMODIALYSIS  
PAIN REDUCTION EFFORT

The knowledge gained by your participation in the **HOPE** study could help other dialysis patients with pain.

If you are interested in learning more about the **HOPE** study, go to [www.HOPEHDTrial.org](http://www.HOPEHDTrial.org)

## Are you a dialysis patient?



## Do you have pain?

If the answer is yes then you may be eligible for a research study that is helping people on dialysis manage pain.



Helping People on Dialysis Manage Pain

The **HOPE** study is funded by the National Institute of Diabetes and Digestive and Kidney Diseases, and is a National Institutes of Health HEAL Initiative trial.

